**SNHU CS-250 Software Development Lifecycle**

**Christopher Gauthier**

**Reflection of Daily Scrum**

Under the Scrum framework, a daily Scrum meeting is defined to “inspect progress towards the Sprint Goals and adapt the Sprint Backlog as necessary” (Schwaber & Sutherland, 2020, "Daily Scrum" section). In other words, a daily Scrum meeting is designed to pull the team together, acknowledge what has been done, what is being worked on today, collaborate, and raise any barriers or concerns to the team. Meetings like this happen in all forms across all industries, in the military it may be called a morning brief, in other industries it may be called a shop meeting, no matter the title, the idea of everyone being aligned at the start of a day is vital to a team or projects success.

In a daily Scrum, there are two factors at play, one tangible and the other a little more abstract. The tangible benefit of a daily Scrum, is for each member of the team to discuss what they competed since the last meeting, self-assign another task, seek collaboration or assistance, and address any challenges or barriers. For the Scrum Master, this serves as a chance to assist team members in removing barriers, encouraging collaboration and teamwork, fostering a safe and respectable discourse, and keeping conversations on topic. The second and more abstract benefit of a daily Scrum is that the daily meeting of the team to discuss successes and challenges builds cohesion amongst the team. As a team progresses through a project, they will likely go through the stages of maturity as described by the Tuckman Model (Cobb, 2015, pp. 52–53). The daily Scrum facilitates this maturity progress.

References:

**Cobb, C. G.** (2015). *The project manager's guide to mastering agile: Principles and practices for an adaptive approach*. Wiley.

**Schwaber, K., & Sutherland, J.** (2020). *The Scrum Guide: The definitive guide to Scrum: The rules of the game*. Scrum Guides. <https://scrumguides.org/scrum-guide.html#daily-scrum>

**Scrum Training Series.** (2020). *Daily Scrum* [Video]. Scrum Training Series. <https://scrumtrainingseries.com/DailyScrumMeeting/index.html>